

**1ST CHOICE is available 7 days a week
8:30am to 8:30pm, 365 days a year**

1ST CHOICE
ADVISORY SERVICES

1ST CHOICE To The Rescue!

"When I finally made the decision to no longer live alone, I had no idea what to do next. 1ST CHOICE came to my rescue! I was given several excellent options and the information I needed to make a wise decision for myself."

– Betty

Doctor Recommended

"I heard about 1ST CHOICE when I was with my mother at a doctor appointment. Her doctor told me about the good experiences he's had with 1ST CHOICE. Your services are invaluable."

– Renee

Comfort In A Difficult Time

"The idea of moving from our home of forty years without my husband was daunting until I talked to 1ST CHOICE. I moved at my own pace and someone was looking after my best interests. Thank you 1ST CHOICE."

– Char

1ST CHOICE advisors provide personalized referrals for senior housing, senior care, and in-home care services.

Your advisor will be your guide through every step of the process, working hand-in-hand with you to match the needs of your unique situation with the options you will want to consider.

Call 1ST CHOICE...

- When living at home isn't practical or safe
- When poor nutrition or missed medications causes health issues
- When isolation leads to depression
- When family and friends are voicing concerns
- Before, or after, a crisis forces change

Our advisors are here for you.



**FREE Senior
Housing & Care
Referral Service**

800-361-0138



(Housing and/or care services must be paid through private funds or long-term care insurance benefits)

WE'RE WITH YOU EVERY STEP OF THE WAY

WASHINGTON
425-338-0265

Clark Lewis Snohomish
King Mason Thurston
Kitsap Pierce Whatcom
Skagit

OREGON
503-353-7870

Clackamas
Multnomah
Washington
Yamhill

**E. WASHINGTON
& IDAHO**
509-499-9296

Kootenai Spokane

OUR FREE, NO COST, REFERRAL SERVICES

There is no cost to our clients or their families to use the services of 1ST CHOICE. We're able to provide our services for free because our business partners know that 1ST CHOICE provides a high level of service to our clients and we bring those clients to the communities that can best serve their needs.

If our client selects the services of one of our business partners, 1ST CHOICE receives a "Finder's Fee" from that community.

1ST CHOICE is contracted with the majority of housing and care providers giving you a wide array of options to cover your needs.

STEP 1: We receive your request for help.

STEP 2: One of our advisors will follow up with your request, either by phone or by arranging an in person meeting.

STEP 3: We'll define the options you'll want to consider. We can provide you with a written list of options that you can visit on your own, or we can contact the providers for you.

STEP 4: We'll accompany you on your visits or we can coordinate your tour of the senior living communities.

STEP 5: We are available by phone or in person to answer your questions and to provide follow up after your selection is made to ensure that you are satisfied with your decision.



OUR CLIENTS

- Adult children of elderly or frail parents needing care
- Spouses no longer able to meet the demands of caregiving at home
- Powers of Attorney for an elderly family member or friend
- Isolated seniors in need of companionship and care

OUR APPROACH

1ST CHOICE is here because the options available to seniors in our community are vast and ever changing.

1ST CHOICE will have you work with one of our advisors who is well acquainted with the options available within the geographic location of your preference.

By working with an advisor, you will receive a tailored list of options that matches your needs, interests and situation as closely and appropriately as possible.